PARKINSON DISEASE PROGRESSION AND THERAPY



Figure 2: Parkinson disease (PD) stages from prodromal to advanced, including late development of levodopa-resistant symptoms, are shown.

The horizontal arrows indicate current timing of oral and transdermal therapies, Apomorphine infusion or, LCIG infusion, and surgical therapies (solid lines). The lighter shading at the end of the oral and transdermal treatment arrow refers to the period of reduced medication efficacy due to appearance of levodopa-resistant symptoms. The dotted lines indicate the proposed earlier timing for introduction of these therapies in PD management.

(adapted from Antonini et Jenner, 2018)

The TOLEDO study should encourage neurologists to consider implementing Apomorphine infusion or other device-aided therapies early, before patients have deteriorated and have developed severe disability and troublesome dyskinesia. (Antonini et Jenner, 2018)

THE TOLEDO STUDY

The results demonstrated a significant and clinically meaningful reduction in off' time of approximately 2 h more than placebo, and a similar extension of 'on' time without troublesome dyskinesia. The infusion dose was individually optimized between 3 and 8mg/h and administered daily for 16±2h. (Katzenschlager et al., 2018)

Apomorphine infusion is an effective, well tolerated and minimally invasive device-aided treatment for PD, straightforward to administer and can often be started without the need for hospital admission. To be successful it requires concordance from the patient and family, and clinical support from an experienced team of doctors and nurses, particularly in the early months of treatment. (Henriksen et al., 2023)

Apomorphine for subcutaneous continuous infusion can be administered with Dacepton[®] 5 mg/ml in 20 ml vials and the D-*mine*[®] Pump (or an adequate syringe driver).

Literature:

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TRANSFER TO CONTINUOUS INFUSION PUMP THERAPY

FLUCTUATIONS AND DYSKINESIA IN PARKINSON'S DISEASE





INTRODUCTION

The lack of dopamine makes it impossible to control or direct movement. This is why movement disorders predominate in Parkinson's disease (PD). In addition, the disease can have pronounced non-motor symptoms, such as cognitive dysfunction, depressive symptoms or sensory deficits.

Oral treatments, such as levodopa and dopamine agonists, are effective in treating early motor symptoms in the early or moderate stages of the disease. As the disease progresses, the beneficial effects of oral medications become less predictable.

For a certain period of time progressive symptoms can be controlled by reducing the intervals between the intake of oral medication. However, the motor fluctuations characterized by an "End-of-Dose" phenomenon or "Wearing-Off" become more and more prevalent. Unphysiological pulsatile stimulation of dopamine receptors with levodopa leads to development of levodopa induced dyskinesia with alternating periods of being "On" and being "Off" effective treatment (Calandrella et al., 2012).

CLINICAL LIMITATIONS OF ORAL MEDICATION

Dopaminergic neurons in the basal ganglia normally fire continuously. However, in a dopamine-depleted state, intermittent oral doses of levodopa induce discontinuous stimulation of striatal dopamine receptors, leading to physiological changes in the basal ganglia and the development of motor complications. These effects are reduced when dopaminergic therapies are administered in a more continuous and physiological manner (Olanow, et al., 2006).



Figure 1: Changes in levodopa Response associated with Progression of PD. (adapted from Schapira et al., 2009)

Several reports and clinical trials have shown that when the loss of physiological dopamine is compensated for by levodopa, the resulting pulsatile stimulation alters the firing patterns of basal ganglia output neurons and leads to complications such as motor fluctuations and dyskinesia. Therefore, continuous drug delivery (CDD) is an important strategy to regulate therapeutic efficacy (Rascol, 2011).

WHEN TO CONSIDER TRANSITION TO CONTINUOUS DE-VICE-AIDED THARAPIES?

As PD progresses, patients may become increasingly dependent on caregivers, and disability is dominated by motor symptoms (MS) and non-motor symptoms (NMS), which may be resistant to dopaminergic and/or oral medications. Management of advanced PD symptoms (APD), particularly motor fluctuations, dyskinesia and off-time, may require optimisation of oral therapies (including polypharmacy, dose fractionation and dose tapering) or the use of advanced therapies such as deep brain stimulation (DBS), continuous subcutaneous Apomorphine infusion (CSAI) or levodopa-carbidopa intestinal or subcutaneous infusion.

The lack of global consensus on considerations for the timing of device-based therapies can lead to heterogeneity in care. To help guide neurologists on key patient characteristics that may indicate the transition and appropriate use of device-based therapies in the management of Parkinson's disease symptoms, consensus among movement disorders specialists was sought through a modified Delphi study involving 17 leading movement disorders specialists from 10 countries.

The study consisted of four rounds. In the third round, movement disorders specialists were asked to rank the consensus indicators within three discrete symptom groups. In total, consensus was reached on 15 clinically relevant indicators:

Ranking	Clinically important indicators (n = 15) ^b
Motor symptom	
1	Moderate level of troublesome motor fluctuations
2	At least 2h of the waking day with "Off, symptoms
3	At least 1 h of the day with troublesome dyskinesia
4	Moderate level of dyskinesia
5	Troublesome dysphagia
6	Daily oral levodopa doses "At least 5 times a day" ^b
Non-motor symptom	
1	Mild level of dementia
2	Non-transitory troublesome hallucinations
3	Moderate level of psychosis
4	NMS fluctuations
5	Moderate level of nighttime sleep disturbances
Functional impacts	
1	Repeated falls ^c despite optimal treatment
2	Needs help with ADLs at least some of the time
3	Not able to perform complex tasks at least some of the time
4	Moderate impaired mobility

Table 1: Ranking of most clinically important indicators of patients with suspected APD. ADL, activities of daily living; APD, advanced Parkinson's disease; NMS, non-motor symptoms. (adapted from Antonini et al., 2018)

APD = Advanced PD ADL = Activities of daily living

The panel of movement disorders specialists determined that moderate levels of bothersome motor fluctuations and dyskinesia are indicators that are detectable to the clinician, distressing to the patient, and significantly interfere with daily life.

CONCLUSION

The results of this Delphi model provide a preliminary set of indicators to identify patients transitioning to APD, to identify patients requiring non-oral/device-based therapies, and to make clinical choices between the most widely available device-based therapies.



Specific descriptive indicators identified in this study by the panel of leading movement disorders specialists provide objective information on indicators of patients who are inadequately controlled on oral medications and who may benefit from transition to device-based therapies.

The 5:2:1 criteria assists neurologists to make decisions about advanced PD and to adjust therapy management in time to improve quality of care and patient outcomes.

WHICH THERAPEUTIC STRATEGY MAY REDUCE TIME SPENT IN "OFF" AND DYSKINESIA?

Advancing Parkinson's disease stage is generally associated with the development of potentially disabling motor complications (such as motor fluctuations and dyskinesia) and a narrowing therapeutic window.

Continuous dopaminergic stimulation (CDS) has become one of the main concepts in present Parkinson's disease (PD) research.

When strategies of providing more continuous dopaminergic stimulation by adjusting oral medication fail, patients may be candidates for one of three device-aided therapies: continuous subcutaneous Apomorphine infusion, continuous duodenal/jejunal levodopa/Carbidopa pump infusion, or deep brain stimulation (DBS).

A consensus was reached among a group of movement disorders specialists on the key motor, nonmotor and functional indicators of PD patients who may be suspected of having APD, and a preliminary profile of PD patients who may be candidates for device-based therapies. (Antonini et al., 2018)

Given the **impact on quality of life** for both patients and caregivers, there is a need for treatment strategies that provide **more continuous dopamine receptor stimulation**.